



EVENTS & ACTIVITIES
Nov. 27-Dec. 3, 2022

LOCATION & ABBREVIATION KEY

- (SU) Sign-Up Required in (LE) (DR) Dining Room
 (C) C102-Card Room (L) Library
 (R) Rotunda (BR) Board Room B-110
 (FC) Fitness Center (A) A Wing Lanai Outside
 (LE) Life Enrichment Center (KC) Kretzmer Center
Trips out of the building will be underlined

Sunday
27



Brunch is served in the Dining room 11-2pm

No dinner served on Brunch Sundays and Bistro is open 7:30-9am.

- 10:00am Chair Exercise Program (**Channel 3**)
 10:30am 92nd Street Y-Funny People– 2003-Sid Caesar interviewed by Larry King (KC or **Channel 3**)
 2:00pm At the piano with Alan Glickman (R)
 3:30pm Movie Musical-Springtime in the Rockies-1942- Betty Grable, John Payne, Carmen Miranda (KC or **Channel 3**)
 7:00pm Classical Music– The Three Tenors from Modena, Italy, 1997-Placido Domingo, Jose Carreras, and Luciano Pavarotti (KC or **Channel 3**)

Monday
28

- 10:00am Healthy Spine Class (**Channel 3**)
 10:00am Balance Class (KC)
 10:30am Range of Motion Class (**Channel 3**)
 10:30am Weights & Bands (KC)
 11:00am Harriett’s Piano Sing-a-long (R)
 1:30pm Shakespeare Reading Group-(KC)
 2:00pm Chair Chi (**Channel 3**)
 3:00pm Yoga with Margie (**Channel 3**)
 3:30pm At the piano sing-a-long with volunteer Betty Comora (R)
 7:00pm Bingo Bonanza (KC)



10:30am Trip to Ringling Museum & Lunch at Ringling Grill Room

Tuesday
29

- 8:30am Walking Club (Meets in front of Kobernick)
 9:30am Stretch & Refresh (**Channel 3**)
 10:00am Core Stability (**Channel 3**)
 10:00am Meditation with Margie (KC)
 11:00am Poetry Appreciation (LE)
 3:00pm Yoga LIVE with Margie (KC)
 3:00pm Yoga with Margie (**Channel 3**)
 3:30pm Bombshell: The Hedy Lamarr Story (KC or **Channel 5**)
 7:00pm Yiddish Cowboys (KC or **Channel 5**)
Library Open-10-12noon & 1:30-3:30pm



<p>Wednesday 30</p>	<p>10:00am Healthy Spine Class (Channel 3) 10:00am Balance class (KC) 10:00am Brandeis University Presents: Carrie Seidman (KC) 10:30am Range of Motion (Channel 3) 10:30am Weights & Bands (KC) 1:00pm Let's Talk (LE or poolside) 3:00pm Yoga with Margie (Channel 3) 3:00pm Weight Exercise Machine with Margie (FC) 3:30pm Bible Talk with Rabbi Rachel (KC or Channel 5) 4:00pm President's Drop-In-In the room across from Kretzmer exercise room with Samantha White-Morin 7:00pm New Movie Release– Thirteen Lives-2022 Colin Farrell, Directed by Ron Howard (KC or Channel 5) <u>12:30pm Departure to Asolo Theater-Cabaret-Ticketholders Only</u></p>
<p>Thursday Dec. 1</p>	<p>8:30am Walking Club (Meets in front of Kobernick) 9:30am Stretch & Refresh (Channel 3) 10:00am Range of Motion (Channel 3) 10:00am Meditation with Margie (KC) 10:00am Multi-media Art Class Session I with Ruth (LE) 11:00am Multi-media Art Class Session II with Ruth (LE) 2:00pm Chair Chi (Channel 3) 2:00pm Shuffleboard with Margie 3:00pm Yoga with Margie-(Channel 3) 3:00pm Yoga LIVE with Margie (KC) 3:30pm Memorial Service for Aviva employee, Larry Burke (KC) 7:00pm Beauty and Ritual: Judaica in the Synagogue and Home-Lecturer Kevin Costello (KC or Channel 5) Library Open 10-12 noon & 1:30-3:30pm</p>
<p>Friday 2</p>	<p>10:00am Healthy Spine (Channel 3) 10:00am Balance Class (KC) 10:30am Range of Motion (Channel 3) 10:30am Weights & Bands (KC) 1:30pm Joy of Reading-The Christie Affair, Nina deGramont Reviewer Jack Polejes-ALL ARE WELCOME (KC) 4:45pm Kabbalat Shabbat (R)</p> <p style="text-align: center;">  <i>Shabbat Shalom!</i> </p> <p><u>9:30 and 10am Publix and Area Banks by Sign-Up in Life Enrichment</u> <u>1:30pm Shopping to UTC Mall and surrounding stores</u> <u>Shabbat to Area Temples based on resident sign-up</u></p>
<p>Saturday 3</p>	<p>10:30am Torah Shabbat (Anchin Chapel) 7:00pm Joe Newman's Socrates Café with Rich (KC)</p> <p style="text-align: center;">Library Open-1:30-3:30pm</p> <p style="text-align: center;"><u>Torah Shabbat at Area Temples based on resident sign-up</u></p>

**All Are
Welcome**