




Benderson
Skilled Nursing & Rehabilitation

August 2022



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>All Programming that indicates Channel 3 or 5 Aviva in house TV channels and daily schedules will reflect the actual program for that time and channel.</p> <p>Updated schedules are posted daily by the Wall Calendar opposite the elevator.</p>	<p>9:30 Happy Thought of the Day (RR) 1 10:00 Make a move Stretch & Flex (DR) 10:30 Decode a Message (DR) 11:00 Chat Corner & Wet your whistle (DR) 2:00 Game Time (DR) 3:00 Lee on the Piano (DR.)</p>	<p>9:30 Morning Tidings (RR) 2 10:00 Make a move & Stretch (DR) 10:30 Decode A Message (DR) 11:00 Wet your Whistle (DR) 2:00 Game Time (DR) 3:00 Pretty Nails (DR) 7:00 Show of the Week (Channel 5)</p>	<p>9:30 Get up and Go Start to Your Day (RR) 3 10:00 Make a Move & Stretch (DR) 10:30 What's in a Picture (DR) 11:00 Story To Share & Hydration Libation Station (DR) 2:00 Game Time (DR) 3:00 Strike up the band (DR) 7:00 Movie of the Week (Channel 5)</p>	<p>9:30 Morning Greetings (RR) 4 10:00 Make a Move & Stretch (DR) 10:30 Animal Tales and Childhood Favorite Memories (DR) 11:00 Share a Happy expression/phrase Refreshing break sensation(DR) 11:15 Rabbi Chaplain Rachel (RR) 2:00 Game Time (DR) 3:00 Pretty Nails (DR)</p>	<p>9:30 Hello & Good Tidings (RR) 5 10:00 Make a Move & Flex (DR) 10:30 Decode a Message (DR) 11:00 Sipping Hydrating & Socializing (DR) 2:00 Active Games (DR) 3:00 Sharing with Teri (RR) 4:45 Kabalat Shabbat (Channel 5)</p>	<p>10:30 Torah Service (Channel 5) 6</p>
<p>9:30 Morning Greetings 7 11:00 Sheryl on Harp & Guitar (DR) 3:30 Social & Snacks with Staff (DR) 7:00 Classical Music Channel 3</p>	<p>9:30 Morning Greetings (RR) 8 10:00 Benderson Bears Volley Ball Practice (DR) 11:00 Corn Hole (DR) 2:00 Trivia (DR) 3:00 Jim on Accordion (DR)</p>	<p>9:30 Morning Greetings (RR) 9 10:00 Table top games (DR) 11:00 Musical Memories (DR) 2:00 Birthday Celebration (DR) 3:00 Cards or Board Games (DR) 7:00 Show of the Week (Channel 5)</p>	<p>9:30 Morning Greetings (RR) 10 10:00 Balloon Pass (DR) 11:00 Problem Solving (DR) 2:00 Favorite Colors & Things that Go Together (DR) 3:00 Strike Up The Band (DR) 7:00 Movie of the Week (Channel 5)</p>	<p>9:30 Greet the Day (RR) 11 10:00 Hokey Pokey Moves (DR) 11:00 Puzzle Pieces (DR) 11:15 Rabbi Chaplain Rachel (RR) 2:00 Scrabble Scramble (DR) 3:00 Organize It (DR) 7:00 Lecture of the Week (Channel 5)</p>	<p>9:30 Meet & Greet the Day (RR) 12 10:00 Make a Move & Flex (DR) 10:30 Decode a Message (DR) 11:00 Chat Corner & Refresh your morning (DR) 2:00 Elder Grow (AR) 3:00 Pretty Nails (AR) 6:00 Shabbat Blessings (DR)</p>	<p>10:30 Torah Service (Channel 5) 13</p>
<p>9:30 Morning Greetings 14 11:00 Sheryl on Guitar & Harp (DR) 3:30 Social & Snacks with Staff (DR) 7:00 Classical Music Channel 3</p>	<p>9:30 Morning Greetings (RR) 15 10:00 Benderson Bears Volley Ball Practice (DR) 11:00 Corn Hole Competition (DR) 2:00 Favorite Actresses (DR) 3:00 Jim on Accordion (DR)</p>	<p>9:30 Morning Greetings (RR) 16 10:00 Exercise to Music (DR) 11:00 Rhyme a Line (DR.) 2:00 Favorite slogans & sayings (DR) 3:00 Bingo (DR.) 7:00 Show of the Week (Channel 5)</p>	<p>9:30 Happy Visits (RR) 17 10:00 Make a Move (DR) 10:30 Decode a Message (DR) 11:00 Get Together Social (DR) 1:30 Food Committee (TVR) 2:00 Resident Council (TVR) 3:00 Strike up the band (DR) 7:00 Movie of the Week (Channel 5)</p>	<p>9:30 Morning Greetings (RR) 18 10:00 Put in a good move (DR) 11:00 Trivia (DR.) 11:15 Rabbi Chaplain Rachel (RR) 2:00 Good Time Tidbits (DR.) 3:00 Bingo (DR.) 7:00 Lecture of the Week (Channel 5)</p>	<p>10:00 Make a Move & Flex (DR) 19 10:30 Decode a Message (DR) 11:00 Chat Corner & Wet your Whistle 2:00 Summer Activity Show and Tell (DR) 3:00 Bingo (DR) 6:00 Shabbat Blessings (DR)</p>	<p>10:30 Torah Service (Channel 5) 20</p>
<p>9:30 Morning Greetings 21 11:00 Barry & the Music of your Life (DR) 3:30 Social & Snacks with Staff (DR) 7:00 Classical Music Channel 3</p>	<p>9:30 Morning Greetings (RR) 22 10:00 All about the Beach (DR) 11:00 Vacation Memories (DR) 2:00 Favorite Actors (DR) 3:00 Jim on Accordion (DR)</p>	<p>9:30 Morning Greetings (RR) 23 10:00 Exercise to Music (DR) 11:00 Magazine Collage Making (DR.) 2:30 Aloha Nui Hula Dancers Summer Show (DR) 3:00 Bingo (DR.) 7:00 Show of the Week (Channel 5)</p>	<p>9:30 Greet the Day (RR) 24 10:00 Make a Move & Stretch (DR) 10:30 Mine the Gold Jokes (Activity Connection Humor) (DR) 11:00 Chat Corner & Wet your Whistle (DR) 2:00 Table Top Bowling (AR) 3:00 Strike up the band (DR) 7:00 Movie of the Week (Channel 5)</p>	<p>9:30 Morning Greetings (RR) 25 10:00 Musical Moves (DR) 11:00 Team Trivia Busters (DR.) 11:15 Rabbi Chaplain Rachel (RR) 2:00 Things that go together (DR.) 3:00 Bingo (DR.) 7:00 Lecture of the Week (Channel 5)</p>	<p>10:00 Make a Move & Flex (DR) 26 10:30 Decode a Message (DR) 11:00 Chat Corner & Wet your Whistle 2:00 Elder Grow (AR) 3:00 Pretty Nails (AR) 6:00 Shabbat Blessings (DR)</p>	<p>10:30 Torah Service (Channel 5) 27</p>
<p>9:30 Morning Greetings 28 11:00 Barry & the Music of Your Life (DR) 3:30 Social & Snacks with Staff (DR) 7:00 Classical Music Channel 3</p>	<p>9:30 Happy Monday Greetings (RR) 29 10:00 Make a move & Stretch (DR) 10:30 Story in a Picture (DR) 11:00 Fine Adult Coloring (DR) 2:00 Men's Club (DR) 3:00 Pretty Nails (DR)</p>	<p>9:30 Morning Greetings (RR) 30 10:00 Exercise to Music (DR) 11:00 American Pastimes- (DR) 2:30 Aloha Nui Hula Dancers Summer Show (DR) 3:00 Bingo (DR.) 7:00 Show of the Week (Channel 5)</p>	<p>9:30 Greet the Day (RR) 31 10:00 Make--a-Move (DR) 10:30 Decode a Message (DR) 11:00 Chat Corner & Wet your Whistle (DR) 2:00 Game Time (DR) 3:00 Strike up the band (DR) 7:00 Movie of the Week (Channel 5)</p>	<p>Aloha Nui Dancers Hula Show Tuesday, August 23 at 2:30pm in the Dining Room</p>	<p>Aloha from Aviva</p> 	<p><u>Location Key</u> AR=Activity Room (Rehab wing) DR=Dining Room TVR=Television Room (Nursing Wing) RR=Room to Room Visits Any changes to the calendar will be posted. Activities are Subject to Change The Aviva T.V. Network includes Channels 3 and 5.</p>